

## WITH GUESTS FROM PARKOUR GENERATIONS

Chris "Blane" Rowat Shirley Darlington

DAY ONE GIRLS ONLY DAY TWO GIRLS & GUYS

**BEGINNERS** ARE WELCOME!

## A TWO DAY TRAINING SESSION IN CENTRAL UPPSALA MINIMUM AGE: 15 YEARS OLD LAST REGISTRATION DATE: 9 SEPTEMBER - MORE INFO: WWW.UPPSALAPARKOUR.SE/GG3









